

Costa Rica Itinerary

MARCH 14- 22, 2020

DAY 1

Arrive in Bagaces

Arrive in Bagaces on your own. In the afternoon, meet your tour leader and fellow travelers for a welcome meeting at the hotel.

DAY 2

Bagaces

We will start the day with a walk around the dry forest surrounding the hotel and then we get on the road and head to the Llano de Cortes Waterfall. This beautiful hidden gem falls into a tranquil pond with a white sandy beach that's perfect for swimming and sunbathing. You can even go behind the waterfall and relax on the rocks hiding behind the 130 ft wide curtain. After our time at the falls, we'll explore Liberia City. The main attractions here are the white adobe houses and churches paired with the white sandy roads that give this city its nickname, "The White City."

Meals Included: Breakfast & Dinner

DAY 3

Bagaces - Rincón de la Vieja

In the morning we will depart Bagaces for the Rincón de la Vieja area, but first we'll visit Las Pumas Rescue Center. This center primarily serves to rescue and rehabilitate large cats, but has also treated monkeys, deer, and parrots. It is important to note that this center is not a zoo. The animals are rehabilitated with the goal of returning them to the wild, but this is not always feasible. In these cases, the animals are continually cared for.

Meal Included: Breakfast

DAY 4

Rincón de la Vieja

Today we will visit the Rincón de la Vieja National Park where we will walk Las Pailas, meaning "The Cauldrons." This 2.5-mile mostly paved loop will take us through dry tropical forest to see the best views of the volcano. Along the way, we will see small waterfalls. We will also keep an eye out for some of the 300 species of birds that live there, monkeys, armadillos, and iguanas. After our walk, you will have the afternoon free at the hotel to enjoy the hot springs and mud baths.

Meals Included: Breakfast & Dinner

DAY 5

Rincón de la Vieja - Palo Verde

In the morning we head towards Palo Verde, but first we will stop at the rural town of Bijagua for a full day of activities. The day will start with a traditional gastronomic experience, preparing tamales on a Costa Rican farm. While our tamales are boiling, we will take a break from cooking to explore the farm, beautifully located in the foothills of iconic Tenorio Volcano. We will learn about their customs, traditions, and the daily maintenance before taking a short nature walk in the reforested forest. If we are lucky, we might see howler monkeys, sloths, and hummingbirds!

Meals Included: Breakfast, Lunch, & Dinner

DAY 6**Palo Verde**

After breakfast, we will depart on 4x4 safari jeeps for a 90-minute journey through the wetlands. There are hundreds of aquatic birds flying around so keep your eyes open! Then, after lunch, we will take a boat tour through the mighty Tempisque River. The tour will take us along the edges of Rancho Humo's private reserve and the Palo Verde National Park, where some of the most important wetlands in Costa Rica, and the world, are located.

Meals Included: Breakfast, Lunch, & Dinner

DAY 7**Palo Verde - Tamarindo Beach**

Today we will head to a beautiful beach town that has everything you could ask for – surf, sand, good food, music, and nice people! Tamarindo beach offers a 3.5 km stretch of white sand and warm blue water. It is the perfect mix of tropical paradise and multicultural hotspot.

Meals Included: Breakfast & Lunch

DAY 8**Tamarindo Beach**

Today, you will have a free day to enjoy the sun and beach. Feel free to snorkel, rent a kayak, fish, relax, or spend the day however you feel fit!

Meals Included: Breakfast & Dinner

DAY 9**Depart Tamarindo Beach**

Depart Tamarindo Beach at any time.

Meals Included: Breakfast